

BRUNCHES

- suffolk brunch** £12.75
Two rashers of unsmoked dry cured back bacon, two local premium Revetts pork sausages, two fried free range eggs and chips (or two slices of farmhouse white or brown toast).
- vegetarian brunch (v)** £12.75
Two vegetarian sausages, portobello mushroom, fresh grilled vine tomatoes, two fried free range eggs and chips (or two slices of farmhouse white or brown toast).
- vegan brunch (vg)*** £12.75
Three vegan sausages, portobello mushroom, fresh grilled vine tomatoes and chips or two slices of farmhouse white or brown toast.
*Please mention vegan when ordering

CUSTOMISE YOUR BRUNCH

add any of the following

- Fresh grilled tomatoes/Tinned plum tomatoes/Baked beans – £1.40
Portobello mushrooms/Chestnut mushrooms – £1.90
Black pudding slice – £1.90

FAVOURITES

- handmade pie** £14.75
Our double crusted pies are individually handmade right here on the premises and served with onion gravy, mash, chips or new potatoes with either fresh vegetables or mushy peas. Please see the boards for today's flavour.
- ham, eggs and chips** £12.75
Local Suffolk ham served off the bone with two free range fried eggs and chips.
- ham hock hash** £12.75
Unsmoked free range ham hock, sauté potatoes, savoy cabbage and red onions served with two fried free range eggs and mushy peas.
- bangers and mash** £12.75
Three local Revetts premium pork sausages with mashed potato, new potatoes or chips, gravy, and seasonal vegetables or mushy peas.
- vegie or vegan* bangers and mash (v/vg)** £12.75
Three vegetarian / vegan sausages. Served with fresh seasonal vegetables or mushy peas and a choice of mashed potato, new potatoes or chips & gravy.
*Please mention vegan when ordering
- vegie hash (v)** £12.75
Sauté potatoes, butternut, sweet potato, savoy cabbage and red onions served with two fried free-range eggs and mushy peas.

BURGERS

Handmade by us with very little salt and no additives.

- cheese burger** £14.75
Handmade 7oz beef burger + cheddar cheese, served on a white turtle roll with chips, our 'made by us' coleslaw and a mixed seasonal salad.
- suffolk piggy** £16.50
Handmade by us, lightly seasoned beef burger topped with BBQ pulled pork and unsmoked back bacon, served on a white turtle roll, with chips, our 'made by us' coleslaw and a mixed seasonal salad.
- med veg mushroom burger (vg)** £13.75
Handmade by us and served on a white turtle roll with chips, our carrot & beetroot salad and a mixed seasonal salad.

EXTRA BURGER TOPPINGS

add any of the following

- Fried onions (vg)/Grilled vine tomato (vg)/
Cheddar cheese – £1.40
Portobello mushrooms – £1.90

SALADS

- Our salads include seasonal mixed salad leaves, cucumber, tomatoes, farm cafe crunchy carrot & beetroot salad, farm cafe potato & dill salad and farm cafe coleslaw.
- abundance bowl (vg)** £13.95
fresh and colourful mixed seasonal leaves, cucumber & tomato served with a crunchy beetroot & carrot salad, spiced sweet potato & butternut salad, perfectly ripe avocado, homemade hummus sprinkled with sesame seeds and offered with pitta.
- suffolk free-range ham and farmhouse cheddar cheese** £12.95
- smoked salmon and king prawn** £15.50
- free-range coronation chicken** £12.95
- add a basket of mixed local bread** £3.75

SOMETHING ON THE SIDE?

- side dishes** £3.75
Chips (vg)/Mash (v)/New potatoes (vg)
Sweet potato fries (vg)/Fresh seasonal vegetables (vg)
Green salad (vg)/Mixed salad (vg)
- basket of local baked breads** £3.75
A basket of fresh, locally baked mixed breads.

KIDS + SMALLER APPETITES

Most meals can be served as a smaller portion suitable for kids or those with a smaller appetite from £8.75.

A half sandwich with one filling is £4.95. Add one or more extra fillings for 50p each (turn over for our sandwich menu).

(vg) = vegan option, please request when ordering.

Please inform a staff member of any special dietary requirements when ordering such as nut allergy, gluten free, vegan etc. Allergens for all items are available on request. Please ask a member of staff for details.

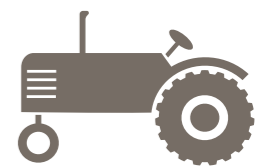
All tips go directly to staff.

OUR PRODUCERS

We are privileged to enjoy a good relationship with many small, local micro-producers who bring to the cafe and shop, sometimes, just one or two special things for which they have a passion. We believe this good, local, tasty, fresh and seasonal produce to be the basic building blocks on which our menus are created.

Our eggs come from local free-range flocks. Our juicy gluten-free pork sausages are made for us by Revetts of Wickham Market. And our dry-cured back bacon is free-range or welfare-friendly as a minimum.

only from
producers
we love



THIS WAY FOR DRINKS, SANDWICHES, BAGUETTES, BAPS + SCONES →

SANDWICHES, BAGUETTES + BAPS

We serve all our sandwiches, baguettes and baps with a side garnish of salad and vegetable crisps.

Our sandwiches are made to order on fresh white or brown bread from our local bakery. Or choose a fresh-baked white baguette or a white or brown bap. Gluten free bread is also available

FILLINGS

blt – bacon, lettuce & tomato	£8.90	farmhouse cheddar & Stokes sticky pickle (v)	£8.60
sausage & onion	£8.90	free-range chicken breast, sliced fresh vine tomato & seasonal leaves	£9.40
bacon, brie & avocado	£9.40	mozzarella, sliced fresh vine tomato, basil pesto and mixed seasonal leaves (v)	£9.40
free range egg mayo & chive (v)	£8.60	king prawn & avocado	£10.25
homemade hummus, avocado and mixed seasonal leaves (vg)	£8.90	tuna mayo	£8.60
handcut ham & farmhouse cheddar	£9.40		

all our sausages, bacon and hams are local and free range

OUR FAMOUS CREAM TEAS

Our homemade scones have to be seen to be believed!

sweet	£8.75	fruit or cheese scone	£5.75
a pot of tea or filter coffee with a fruit scone, Chantilly cream, butter and local strawberry jam.		served with butter & local jams.	
savoury	£8.75		
a pot of tea or filter coffee with a cheese scone, cream cheese and local savoury jam.		Add a dollop of fresh Chantilly cream + £1.40	
		homemade cakes	£4.20
		Please ask our staff for details or see the counter for today's selection.	

(vg) = vegan option, please request when ordering.

Please inform a staff member of any special dietary requirements when ordering such as nut allergy, gluten free, vegan etc. Allergens for all items are available on request. Please ask a member of staff for details. Please pay as you leave quoting your table number. All tips go directly to staff.

HOMEMADE SOUP OF THE DAY + A HALF SANDWICH OR BAGUETTE FROM £8.60

Choose a sandwich from the options below and pay the same amount.



COFFEE

filter coffee	£3.20
Per person with free refills. Served with a vacuum system for absolute freshness	
americano* reg/lg	£3.40/3.90
single espresso	£2.70
double espresso	£3.20
macchiato* reg/lg	£3.40/3.90
latte reg/lg	£3.40/3.90
cappuccino* reg/lg	£3.40/3.90
flat white* reg/lg	£3.40/3.90
iced frappé latte (ice cream + £1)	£3.90
mocha (whipped cream or marshmallows + 60p)	£4/5

*Served with a double shot but we can adjust to suit. Add a syrup shot from a selection of flavours + 60p

TEA + OTHER HOT DRINKS

tea per person with free refills	£2.90
Breakfast fair trade/Earl grey/Assam / Red bush/Darjeeling/Fruit & herbal teas	
drinking chocolate child/reg/lg	£2.80/3.80/4.80
Served hot or iced. Choose from milk, dark or white chocolate	
chai latte	£3.40
Served hot or cold	
dirty chai latte	£3.70
Served hot or cold	
babycino	£1.50



our teas and coffees are available as decaffeinated options.

we serve semi-skimmed milk as standard but we also offer skimmed & non dairy options.

PIES & SOUPS TO TAKE HOME

Our pies and soups are freshly prepared in the kitchen and available from our shop for you to enjoy at home. We use only the best ingredients, very little salt and no additives.

SOFT DRINKS

smoothies kids/reg	£4/5
Bananas & strawberries or summer fruits Add natural yogurt + £1	
shakes kids/reg	£3.15/4.15
Chocolate, strawberry, banana or vanilla Add ice cream + £1	
fresh juice reg/lg	£4.50/5.50
Fresh orange juice, squeezed to order	
bottled drinks	£3.50
• James White apple juice: Cox (medium)/Russet (sweet)	
• Fentimans ginger beer/pink lemonade	
• Pressé natural elderflower	
fizzies + others	
• Coca-Cola/Coke Zero	£2.25
• Sprite/Diet Sprite	£2.25
• Fanta orange	£2.25
• Still/sparkling water 330ml/750ml	£1.90/3.25
• Glass of milk	£2.25
• Cordials: orange/lemon/lime/blackcurrant	£2.25

best local produce

l.a. brewery's kombucha £4.50

Deliciously tart and refreshing, naturally effervescent, non-alcoholic, fermented Kombucha from Suffolk's own L.A. Brewery.

Flavours: Strawberry and Black Pepper
Ginger/Lemongrass/Citrus Hops (300ml)

ADNAM'S BEERS + CIDER

• Ghostship bitter (500ml)	£5
• Dry hopped lager (440ml)	£5
• Wildwave cider (330ml)	£4.25
• Ghostship 0.5% (500ml)	£4.50

WINE

• Red: Malbec 1/4 bottle (187ml)	£5.75
• White: Sauvignon Blanc 1/4 bottle (187ml)	£5.75