



BREAKFAST

8-11.30am

CLASSIC COOKED BREAKFAST

'The dense-textured, dry cured bacon speaks of an animal that lived a happy life, as it should do here on the dark rutted earth of the Suffolk Wolds, which supports so many of them. The sausages are a victory of properly seasoned meat over crumbly filler.' Jay Rayner, The Observer

suffolk breakfast £10.50

Two rashers of unsmoked dry cured back bacon, two of our locally made Revetts premium pork sausages, two large free range eggs (any style) and a slice of farmhouse white or brown toast.

vegetarian breakfast (v) £10.50

Two Lincolnshire vegetarian sausages, fresh tomatoes, large portobello mushroom, two free range eggs (any style) and a slice of farmhouse white or brown toast.

vegan breakfast (vg) £10.50

Two vegan sausages, fresh grilled vine tomato, large portobello mushroom, half an avocado smashed with a squeeze of fresh lime and a slice of farmhouse white or brown toast.

locally smoked kippers £11.95

Our generously sized kippers come from Pinney's of Orford smokehouse on the Suffolk coast. They're cold-smoked over slow burning oak logs for a beautiful depth of flavour and delicate texture. Served on the bone. £17.85 if you'd like a pair. Add a poached egg + £1.40.

blythburgh free range ham and eggs £10.50

Local Suffolk free range ham carved off the bone, with two free range large eggs (any style) and a slice of farmhouse white or brown toast.

two large free range eggs on toast (v) £8.50

Fried, poached, scrambled, boiled... we'll cook your eggs to your liking. Our house style is fried eggs served sunny side up. Poached eggs are soft, scrambled eggs are made with crème fraiche & chives and our boiled eggs are served with toasted buttered soldiers.

mushrooms on toast (v) £8.75

With large portobello mushrooms or chestnut mushrooms.

tomatoes on toast (v) £7.75

Fresh grilled vine or tinned plum.

baked beans on toast (v) £7.75

smoked salmon and scrambled eggs on toast £11.95

avocado smash on sourdough (vg) £8.75

Served on locally baked sourdough with lime and chilli flakes
Add: Two large free range poached eggs (v) + £2.80/
Two rashers of dry cured bacon + £2.80/Smoked salmon + £3.25.

waffles £8.75

Served with maple syrup and mixed berries or banana.

CUSTOMISE YOUR BREAKFAST

add any of the following £1.40

- Unsmoked dry cured bacon
- Pork or vegetarian sausage
- Egg – fried, scrambled, boiled or poached
- Sautéed new potatoes
- Bubble and squeak
- Fresh grilled vine tomatoes
- Tinned plum tomatoes
- Baked beans

black pudding slice £1.90

portobello or chestnut mushrooms £1.90

sautéed lambs kidneys £3.25

bread + toast £1.40

- 2 slices of bread or toast
- Fried bread

OUR PRODUCERS

We are privileged to enjoy a good relationship with many small, local micro-producers who bring to the cafe and shop, sometimes, just one or two special things for which they have a passion. We believe this good, local, tasty, fresh and seasonal produce to be the basic building blocks on which our menus are created.

Our eggs come from local free-range flocks. Our juicy gluten-free pork sausages are made for us by Revetts of Wickham Market. And our dry-cured back bacon is free-range or welfare-friendly as a minimum.



SMALLER APPETITE?

Most of our classic cooked breakfasts can be served as a smaller portion suitable for kids or those with a smaller appetite from £7.00.

Choose farmhouse white, brown or sourdough bread – baked locally and delivered to us every morning. Gluten free bread is also available.

cooked breakfast items are gluten free with the exception of our black pudding, vegetarian and vegan sausages. (vg) = vegan option, please request when ordering. please inform your server of any food allergies or intolerances when ordering. Full allergen information for our food and drink is available on request. All tips go to staff.

CEREALS + HEALTHY STARTS

- Porridge £5.50
- Bonallack original granola £5.50
- Natural yogurt, mixed berries and Bonallack original granola - choose natural or Greek style yogurt. £7.50

FROM THE BAKERY

- Two warmed pain au chocolat £4.50
- Two warmed plain croissants served with butter and strawberry jam or local honey. £4.75

toast/bread + preserves £5.50

Three slices of mixed locally baked bread, toasted and served with butter, strawberry jam, marmalade or local honey.

COFFEE

filter coffee £3.20

Per person with free refills. Served with a vacuum system for absolute freshness

americano* reg/lg £3.40/3.90

single espresso £2.70

double espresso £3.20

macchiato* reg/lg £3.40/3.90

latte reg/lg £3.40/3.90

cappuccino* reg/lg £3.40/3.90

flat white* reg/lg £3.40/3.90

iced frappé latte (ice cream + £1) £3.90

mocha (whipped cream or marshmallows + 60p) £4/5

*Served with a double shot but we can adjust to suit. Add a syrup shot from a selection of flavours + 60p

SANDWICHES, BAGUETTES + BAPS

White or brown bread or a white or brown bap from our local bakery, or a fresh baked white baguette. Gluten free bread also available.

- bacon** £7
- sausage/veggie sausage/vegan sausage** £7
- bacon and fried egg** £7.70
- bacon and sausage** £8
- bacon, sausage and egg** £8.50
- tomato, mushroom and egg (v)** £8.25
- veggie sausage and fried egg (v)** £7.75
- bacon, mushroom and fried egg** £8.50
- blt** £8
- fresh tomatoes and field mushrooms (vg)** £7.25

CAKES + CREAM TEAS

Our homemade scones need to be seen to be believed!

- sweet cream tea** £8.75 A pot of tea or filter coffee with a fruit scone, Chantilly cream, butter and strawberry jam.
- fruit or cheese scone** £5.75 Served with butter and strawberry jam. dollop of fresh Chantilly cream + £1.40

- savoury cream tea** £8.75 A pot of tea or filter coffee with a cheese scone, cream cheese and local savoury jam.
- homemade cakes** £4.20 Please ask our staff for details or see the counter for today's selection.

SOFT DRINKS

- smoothies** kids/reg £4/5 Bananas & strawberries or summer fruits Add natural yogurt + £1

- shakes** kids/reg £3.15/4.15 Chocolate, strawberry, banana or vanilla Add ice cream + £1

- fresh juice** reg/lg £4.50/5.50 Fresh orange juice, squeezed to order

- bottled drinks** £3.50
 - James White apple juice: Cox (medium)/Russet (sweet)
 - Fentimans ginger beer/pink lemonade
 - Pressé natural elderflower

- fizzies + others**
 - Coca-Cola/Coke Zero £2.25
 - Sprite/Diet Sprite £2.25
 - Fanta orange £2.25
 - Still/sparkling water 330ml/750ml £1.90/3.25
 - Glass of milk £2.25
 - Cordials: orange/lemon/lime/blackcurrant £2.25

TEA + OTHER HOT DRINKS

tea per person with free refills £2.90
Breakfast fair trade/Earl grey/Assam/Red bush/Darjeeling/Fruit & herbal teas

drinking chocolate child/reg/lg £2.80/3.80/4.80
Served hot or iced. Choose from milk, dark or white chocolate

chai latte £3.40
Served hot or cold

dirty chai latte £3.70
Served hot or cold

babycino £1.50



our teas and coffees are available as decaffeinated options.

We serve semi-skimmed milk as standard but we also offer skimmed & non dairy options.



l.a. brewery's kombucha £4.50

Deliciously tart and refreshing, naturally effervescent, non-alcoholic, fermented Kombucha from Suffolk's own L.A. Brewery.

Flavours: Strawberry and Black Pepper
Ginger/Lemongrass/Citrus Hops (300ml)